

Introduction:

This lesson plan will challenge participants to recognize and analyze their reactions to a variety of cultural values. In this activity, participants will move to various locations around the room based on their opinions about value statements read by the facilitator.

Background and Information:

This activity was created by Darla Deardorff and was originally published in *Building Cultural Competence: Innovative Activities and Models* (see citation below). Several versions are also available online, one from the University of Florida International Center and another from the Peace Corps Cross-Cultural Workbook. Additionally, there are supplementary materials that can be used with this activity. Please see the following page for links and more information.

Objectives:

As a result of this activity, participants will be able to:

1. "Gain awareness of cultural values framework."
2. "Visually see differences, even among those from the same cultural group" (Deardorff, 2012, p. 126).

Time:

15 minutes.

Group Size:

Entire Group.

Materials:

List of statements for the facilitator to read aloud (PowerPoint and/or PDF in [Downloads](#)).

Intercultural Development Continuum Stages:

- Denial
- Polarization
- Minimization
- Acceptance

AAC&U Intercultural Knowledge and Competence Goals:**Cultural Self-Awareness:**

- To articulate insights into own cultural rules and biases (e.g., seeking complexity; aware of how their experiences have shaped these rules, and how to recognize and respond to cultural biases, resulting in a shift in self-description).

Knowledge of Cultural Worldview Frameworks:

- To demonstrate sophisticated understanding of the complexity of elements important to members of another culture in relation to its history, values, politics, communication styles, economy, or beliefs & practices.

Other Skills:

Friendship; Teamwork; Mentorship & Leadership; Diversity, Equity, and Inclusion

Links to Activity Instructions and Supplemental Materials:

- A version of this activity from the [University of Florida International Center](#) and a version from the [Peace Corps Cross-Cultural Workbook \(pp. 81-83\)](#).
- Facilitators may also consider consulting Kris Acheson-Clair's video "[Introduction to Human Values Continuum and other Hofstede Activities](#)" and Laura Starr's video "[The Human Values Continuum](#)."
- The UW Cooperative Extension, Buffalo County also discusses [how to use the concept of a continuum for debriefing \(p. 8\)](#).